

Ocean Breeze Recovery University

Certified Addiction Professional Training



**Florida Certification Board (FCB)
Education Provider #5124A**

**National Association for Alcoholism and Drug Counselors (NAADAC)
Education Provider #727**

**Department of Children and Families (DCF)
License #1706AD591301**

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Ocean Breeze Recovery University

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CAP School Introduction

Ocean Breeze Recovery University is an Approved Education Provider through the Florida Certification Board (FCB) and the National Association for Alcoholism and Drug Abuse Counselors (NAADAC).

Ocean Breeze Recovery is uniquely positioned to help our students succeed. We are a Certified Addiction Professional (CAP) School and a DCF-licensed Substance Abuse Treatment Center. CAP Students receive relevant and cutting edge education, in addition to gaining experience and supervision hours by working closely with Certified Addiction Professionals in the addiction field.

Florida Certification Board Requirements: the following Education, Experience and Supervision hours are listed in greater detail at their website www.flcertificationboard.org.

The Certified Addiction Specialist (CAS) credential is an entry-level addiction credential that has been retired. Individuals who currently hold the CAS, individuals who are “in process” to hold the CAS, and individuals who purchased the CAS application prior to April 1, 2014 may continue to hold/earn a valid CAS credential, however, the credential is no longer available to new applicants.

- **Certified Addiction Counselor – CAC**

- <http://flcertificationboard.org/certifications/certified-addiction-counselor-cac/>

- High School Diploma/GED, Associate/Vocational Degree, or Higher Degree

- Education Hours = 250 Minimum

- Experience Hours = 6,000 hours for students with High School Diploma or GED only
= 4,000 hours for students with Associate/Vocational Degree or Higher Degree

- Supervision Hours = 300 hours for students with High School Diploma or GED only
= 150 hours for students with Associate/Vocational Degree or Higher Degree

- **Certified Addiction Professional – CAP**

- <http://flcertificationboard.org/certifications/certified-addiction-professional-cap/>

- Bachelor’s Degree or higher

- Education Hours = 350 Minimum

- Experience Hours = 6,000 for Bachelor’s Degree or for non-counseling related Master’s Degree
= 4,000 for Master’s Degree in a counseling related field or Higher Degree

- Supervision Hours = 300 hours if Bachelor’s Degree or for non-counseling related Master’s Degree
= 200 hours of Master’s Degree in a counseling related field or Higher Degree

Course Fees - Students will choose one of the following options:

CAC (26 weeks) @ \$2,500.00 (CAC education hours)

CAP (48 weeks) @ \$3,500.00 (CAC and CAP education hours)

BRT Recovery University - COUNSELOR DEVELOPMENT

The Certified Addiction Professional development program is a process that involves developing leadership at the CAC and CAP level. Students learn to mentor, coach, inspire and motivate others. They also are instructed to build teams, provide structure, create cohesion and resolve conflict. Curriculum includes building organizational culture, facilitating individual and organizational growth and change. Students also gain knowledge of the cognitive process of conceptualizing, analyzing, applying information and evaluating addictive behavior. By utilizing their critical thinking skills, students make sound decisions and solve problems on a regular basis. Students become familiar with a variety of theoretical models of clinical supervision, including but not limited to psychotherapy, developmental, multicultural, integrative and blended models.

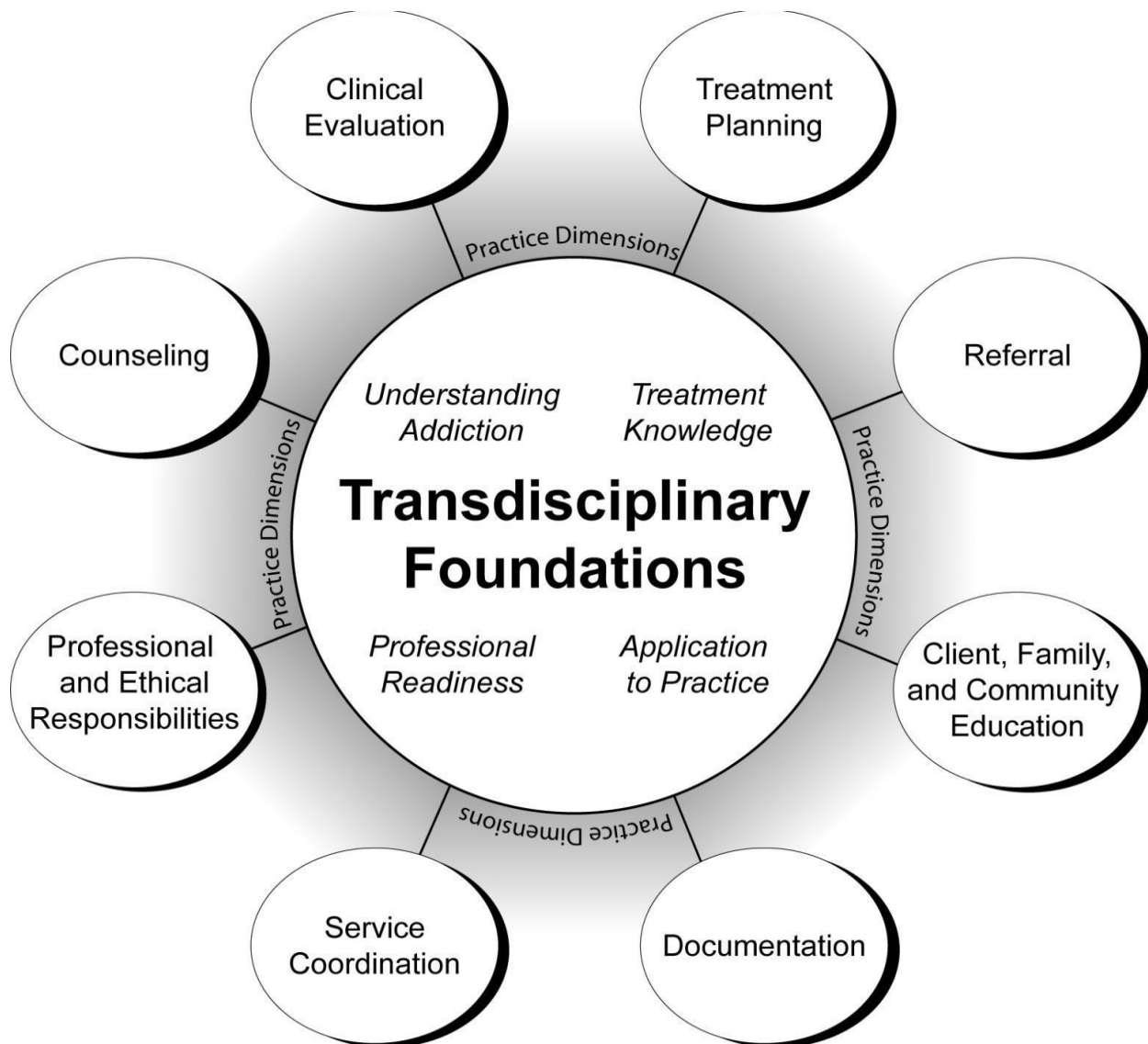
The Course Objectives

- Teach students the purpose of Clinical Assessments and how to use it effectively.
- Ensure that comprehensive orientation is provided to new Students, including areas such as the organization's client population, mission, vision, policies, and procedures.
- Build a supportive and individualized Student awareness that respects professional boundaries.
- Maintain a constructive Student learning environment that fosters awareness of ones-self and others, motivation, self-efficacy, enthusiasm, and two-way feedback.
- Conceptualize and plan individual and group activities, incorporating Student preferred learning styles, cultures, genders, ages, and other appropriate variables.
- Encourage Students to examine their views regarding culture, race, values, gender, sexual orientation, and potential biases.
- Help Students develop skills of empathy and acceptance specific to working with culturally diverse clients.
- Provide timely and specific feedback to Students on their conceptualizations of client needs, attitudes toward clients, clinical skills, and overall performance of assigned responsibilities.
- Create a professional development plan with Students that includes mutually approved goals and objectives for improving job performance. A timeline for expected accomplishments, and measurements of progress and goal attainment.
- Implement a variety of direct Student activities (e.g., role play, live supervision/observation, review of audiotape and videotaped sessions, presentation/discussion of case studies) to teach and strengthen Students' theoretical orientation, professional ethics, clinical skills, and personal wellness.
- Help Students recognize, understand, and cope with unique problems of transference and counter transference when working with clients with substance use disorders.
- Encourage and help Students develop a personal wellness plan to manage their stress and avoid compassion fatigue and burnout.

Certified Addiction Counselor (CAC)

Course Curriculum

- The Certified Addiction Counselor curriculum consists of 26-weeks of classes.



CAC Suggested Supplies

- A Treatment Improvement Protocol (TIP) and a Technical Assistance Publication (TAP). Copies may be obtained free of charge from SAMHSA's National Clearinghouse for Alcohol and Drug Information (NACDI), (800) 729-6686 or www.samhsa.gov

CAC Coursework

- **Biopsychosocials** (BPS) – Complete 10 BPS.
- **Treatment Plans** – Complete a 10 Treatment Plan based on the 10 BPS.
- **Homework** - Essays as assigned.

CAC Requirements

- The total cost for Certified Addiction Counselor education is \$2,500.00. Full tuition payments are required upon registration. All course tuition is non-refundable. Checks should be made payable to “Ocean Breeze Recovery.”
- Up to 250 hours of Education may be earned.
- Make-up for up to 3 classes is allowed. After your third absence, permission to re-enter the class must be obtained from your instructor prior to the next class. Email is the most efficient way to contact your instructor jsayre@oceanbr.org.

Certificate of Completion

- Certificates will only be issued when your student portfolio is complete. Complete files must contain the following:
 - 100% Attendance
 - Student Information Sheet
 - Pre-Test / Post-Test
 - Course Homework / Tests / Course Evaluations
 - Signed FCB Code of Ethics Acknowledgement Form

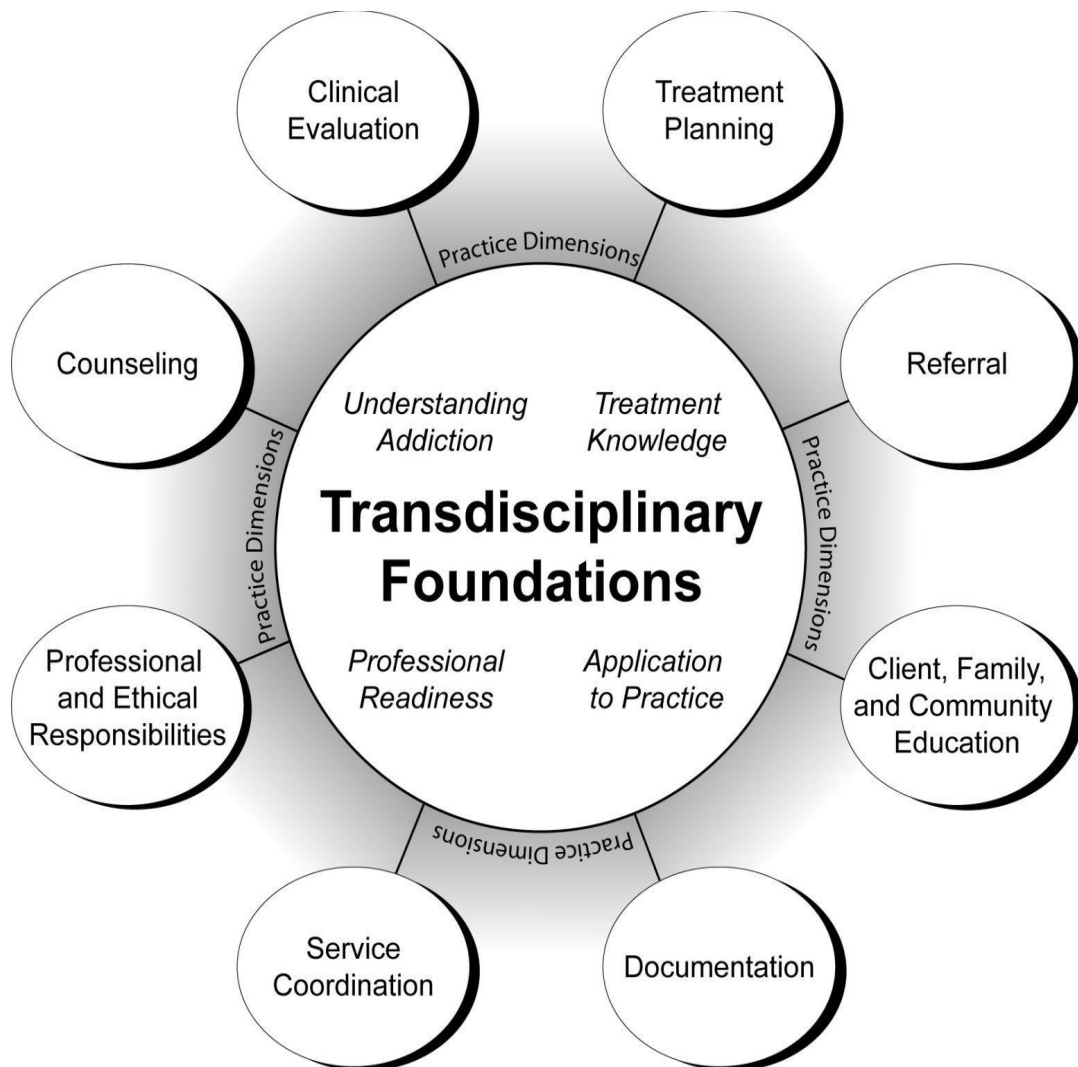
Code of Ethics

- The Florida Certification Board's Code of Ethics and the Acknowledge Form may be found at their website www.flcertificationboard.org.

Certified Addiction Professional

Course Curriculum

- The CAP coursework allows mature students to engage in teaching and speaking with an emphasis on Supervision.



CAP Suggested Supplies:

- A Treatment Improvement Protocol (TIP) and a Technical Assistance Publication (TAP). Copies may be obtained free of charge from SAMHSA's National Clearinghouse for Alcohol and Drug Information (NACDI), (800) 729-6686 or www.samhsa.gov

CAP Coursework:

- **Biopsychosocials** – Complete a total of 20 Biopsychosocials.
- **Treatment Plans** – Complete a total 20 Treatment Plan based on the 20 Biopsychosocials.
- **Homework** - Essays as assigned.

CAP Requirements:

- The total cost for the Certified Addiction Professional (CAP) education is \$3,500.00. Full tuition payments are required upon registration. Tuition is non-refundable. Checks should be made payable to “Ocean Breeze Recovery.”
- Up to 350 hours of Education may be earned.
- Make-up for up to 3 classes is allowed. After your third absence, permission to re-enter the class must be obtained from your instructor prior to the next class. Email is the most efficient way to contact your instructor jsayre@oceanbr.org.

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General Courses

Course Title: Addictions Counseling

Class Name: Understanding Addiction

PowerPoint: Orientation of Counselor

FCB Training: 5CEUs AP/PR

Course Title: Biopsychosocial Assessment 1

Class Name: Assessment Instruments, Procedures and Techniques

PowerPoint: Biopsychosocial 1

FCB Training: 5 CEUs Clinical Evaluation, 5 CEUs Documentation

Course Title: Biopsychosocial Assessment 2

Class Name: Assessment Instruments, Procedures and Techniques

PowerPoint: Biopsychosocial 2

FCB Training: 5 CEUs Clinical Evaluation, 10 CEUs AP/PR

Course Title: Treatment Planning 1

Class Name: Patient Placement Criteria

PowerPoint: Treatment Plan a Map for Recovery

FCB Training: 10 CEUs UA/TK

Course Title: Treatment Planning 2

Class Name: Client Placement Criteria

PowerPoint: Treatment Plans Examples and Forms

FCB Training: 5 CEUs Treatment Planning

Course Title: Group Therapy

Class Name: Counseling with Evidence Based Practices in Family Recovery

Power Point: Session #8 Families in Recovery Matrix

FCB Training: 5 CEUs Counseling

Course Title: Group Therapy

Class Name: Evidence Based Practices in Group and Family Counseling.

Power Point Session #5 Roadmap to Recovery Matrix

FCB Training: 5 CEUs Counseling

Course Title: Group Therapy

Class Name: Crises Intervention and Verbal De-escalation

DVD: Verbal Judo Part 1 & 2 by Dr. George J. Thompson, Ph.D.

FCB Training: 5 CEUs Counseling

Course Title: Group Therapy

Class Name: Crises Intervention and Verbal De-escalation

DVD: Verbal Judo Part 3 & 4 by Dr. George J. Thompson, Ph.D.

FCB Training: 5 CEUs Counseling

Course Title: Special Populations

Class Name: Cultural and Special Needs Competence in Special Populations

FCB Training: 5CEUs Client, Family and Community Education / 10 CEU's AP/PR

Course Title: Family Counseling

Class Name: Involvement and Treatment of a Family in Recovery

PowerPoint: Understanding Addiction

FCB Training: 10 CEUs UA/TK

Course Title: Professional and Ethical Responsibilities

Class Name: Ethical Decision Making and Code of Ethics

PowerPoint: Ethics Parts One & Two

FCB Training: 5CEUs Professional and Ethical Responsibilities

Course Title: Demonstrating Ethical and Professional Behavior

Class Name: Organizational Ethics and Dual Relationships

PowerPoint: Ethics Part Three

FCB Training: 10 CEUs Professional and Ethical Responsibilities

Course Title: Pharmacology 1

Class Name: Physical Aspects of Addiction and Brain Science

PowerPoint: Pharmacology PP

FCB Training: 10 CEUs UA/TK

Course Title: Pharmacology 2

Class Name: Understanding Research and Translating Research to Practice

PowerPoint: DEA Drugs of Abuse

FCB Training: 10 CEUs AP/PR

Course Title: Consultation and Referral

Class Name: Accessing Community Resources

PowerPoint: Consultation and Referral

FCB Training: 5 CEUs Referral

Course Title: Consultation and Referral

Class Name: The History of Alcoholic Anonymous

PowerPoint: History of AA

FCB Training: 5 CEUs Service Coordination

Course Title: Issues in Addiction

Class Name: Levels and Stages of Client Care

PowerPoint: Issues in Addiction

FCB Training: 10 CEUs UA/TK

Course Title: Issues in Addiction

Class Name: Triggers and Cravings in Addiction

PowerPoint: Triggers and Cravings

FCB Training: 10 CEUs UA/TK

Course Title: Client and Counselor

Class Name: Staff Training Attitudes and Issues

PowerPoint: Client and Counselor

FCB Training: 4 CEUs HIV, 2 CEUs Domestic Violence, 9 CEUs UA/TK

Course Title: Care for the Caregiver

Class Name: Taking Care of the Counselor

PowerPoint: Tools for Personal and Professional growth

FCB Training: 10 CEUs AP/PR

Course Title: Florida Specific Test Review 1

Class Name: Professional Readiness the Certified Addiction Specialist

Power Point: Florida Specific Test Review 1

FCB Training: 10 CEUs AP/PR

Course Title: Florida Specific Test Review 2

Class Name: Professional Readiness the Certified Addiction Specialist

Power Point: Florida Specific Test Review 2

FCB Training: 10 CEUs AP/PR

(Course curriculum is subject to change without notice)